

# Welcome to our Lunch Cafe at...



























# Oxford Center

# March

# 2020

Food Service Director:  
Jennifer Syrowsky 203-888-7852

Full Price Lunch: \$2.75  
Reduced Price Lunch: \$.40  
Ala Carte Milk/Juice: \$.50

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Mozzarella Sticks </p> <p>Spaghetti Sauce Whole Wheat Dinner Roll Sweet Corn Mixed Fruit Fresh Apple</p> <p><b>MEATLESS MONDAY</b></p>	<p>3 Steamed Dumplings </p> <p>Or Veggie Sushi Roll  </p> <p>Red Pepper Strips Fresh Orange Mixed Berry Cup 100% Juice Fruit Punch <i>Prepared By Chef Rich</i></p>	<p>4 Crispy Chicken Sandwich</p> <p>Sweet Potato Fries Celery Applesauce Strawberry Cup Rice Krispy Treat Square</p>	<p>5 Beef Hot Dog on Bun Oven Baked Fries Baked Beans Diced Pear Cup Blueberries Whipped Cream 100% Juice Fruit Punch</p>	<p>6 Classic Cheese Pizza </p> <p>Pepperoni Pizza </p> <p>Garden Salad Diced Peaches Fresh Banana</p>
<b>Weekly Alternate Lunch Choice: Simply Boxed Egg Protein Pack</b> <i>(Hard Boiled Egg, Pretzels, Sun-Butter, and Fresh Fruit)</i>				
<p>9 Homemade Mac &amp; Cheese  </p> <p>Steamed Peas Mixed Fruit Fresh Apple</p> <p><b>MEATLESS MONDAY</b></p>	<p>10 Chicken Nuggets Whole Wheat Dinner Roll Brown Rice Red Pepper Strips Fresh Orange Mixed Berry Cup 100% Juice Fruit Punch</p>	<p>11 Homemade Chicken &amp; Broccoli Alfredo  </p> <p>Homemade Garlic Bread Cucumber Coins Applesauce Strawberry Cup</p>	<p>12 Mini Maple Pancakes </p> <p>With Syrup Turkey Sausage Patty Crispy Potato Puffs Diced Pear Cup Blueberries Whipped Cream 100% Juice Fruit Punch</p>	<p>13 Classic Cheese Pizza </p> <p>Pepperoni Pizza </p> <p>Caesar Salad Diced Peaches Fresh Banana</p>
<b>Weekly Alternate Lunch Choice: Cheeseburger on a Bun</b>				
<p>16 Whole Grain French Toast  With Syrup Scrambled Eggs </p> <p>Crispy Potato Puffs Mixed Fruit Fresh Apple</p> <p><b>MEATLESS MONDAY</b></p>	<p>17 Crispy Popcorn Chicken Whole Wheat Dinner Roll Oven Baked Fries Red Pepper Strips Fresh Orange Mixed Berry Cup 100% Juice Fruit Punch</p>	<p>18 Homemade Pasta &amp; Meatballs  </p> <p>Homemade Garlic Bread Fresh Baby Carrots Green Pepper Slices Applesauce Strawberry Cup</p>	<p>19 Nachos Grande </p> <p>With Salsa Black Beans Diced Pear Cup Blueberries Whipped Cream 100% Juice Fruit Punch</p>	<p>20 Classic Cheese Pizza </p> <p>Pepperoni Pizza </p> <p>Steamed Broccoli Diced Peaches Fresh Banana</p>
<b>Weekly Alternate Lunch Choice: Turkey BLT Wrap</b>				
<p>23 Mozzarella Sticks </p> <p>Spaghetti Sauce Whole Wheat Dinner Roll Sweet Corn Mixed Fruit Fresh Apple</p> <p><b>MEATLESS MONDAY</b></p>	<p>24 Baked Chicken Tenders Whole Wheat Dinner Roll Crispy Potato Puffs Red Pepper Strips Fresh Orange Mixed Berry Cup 100% Juice Fruit Punch</p>	<p>25 Ham Burger Cheeseburger Sweet Potato Fries Cucumber Coins Applesauce Strawberry Cup</p>	<p>26 Mission Burrito  </p> <p>Salsa Black Beans Diced Pear Cup Blueberries Whipped Cream 100% Juice Fruit Punch</p>	<p>27</p> <p style="text-align: center;"><b>Professional Development Day</b></p> <p style="text-align: center;">No School</p>
<b>Weekly Alternate Lunch Choice: Organic Vanilla Yogurt Parfait with Strawberries and Bear Graham Crackers</b>				
<p>30 Cheesy Stuffed Bread Sticks </p> <p>Spaghetti Sauce Green Beans Mixed Fruit Fresh Apple</p> <p><b>MEATLESS MONDAY</b></p>	<p>31 Chicken Nuggets Whole Wheat Dinner Roll Oven Baked Fries Red Pepper Strips Mixed Berry Cup Fresh Orange 100% Juice Fruit Punch</p>	<div style="text-align: center;"> <h2>HARVEST of the MONTH</h2> <p>Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.</p>   </div>		



Our marketing and communications programs encourage a healthy "Fooditude," that is, a healthy attitude about food. Through innovative menus and promotions, we strive to create a healthy fooditude that leaves students inspired to achieve all levels of success.



In addition to the vegetable and fruit selections listed above, a variety of fresh fruits and vegetables are also available daily and are included with each entire offering. Also included with lunch is a choice of 1% low fat, fat free chocolate or strawberry, fat free white, or lactose free milk.

Lunch Payments can be made at any time and for any amount by cash or check payable to Oxford Lunch Program or online at [www.myschoolbucks.com](http://www.myschoolbucks.com)

**Alternate Lunch Choices**

Assorted Cold Cereal Choice:  
Reduced sugar cereal served with low fat yogurt, cheese and whole wheat roll

Bagel Lunch: Whole Wheat Bagel with cream cheese, yogurt, and cheese

Grilled Cheese Sandwich: on whole wheat bread

Fresh Garden Salad: Romaine Lettuce with Cucumbers, Tomatoes, and Cheese. Served with 2 whole wheat dinner rolls and low fat dressing.

Assorted condiments are available daily